

SOMETHING LIGHT

*Toasted Ciabatta with your choice of Vegemite, Peanut Butter, Organic Honey, Nutella or House-made Jams (Mixed Berry, Strawberry or Raspberry)	7
*Toasted Ciabatta with Avocado and Fresh Lime	12/19
Radiant Wellness Granola with Mixed Berries and Honey Cinnamon Yoghurt	14
New York Bagel with Cured Salmon, Cream Cheese, Capers and Spanish Onion	12
New York Bagel with Mushrooms, Spinach, Avocado and Tomato Relish	12
New York Bagel with Organic Egg, Bacon, Avocado, Spinach, Tasty Cheese and Relish	14
*Bacon, Free Range Egg, and Tasty Cheese Toasted Sandwich	12
Apple Cinnamon Porridge	12
Strawberry Toasted Coconut Porridge	12
Shakshuka, Mediterranean Spiced Beans with a Fried egg	16

THE GOOD STUFF

*Free Range Eggs cooked your way on Toasted Ciabatta	11
*Mixed Mushrooms Sautéed in Extra Virgin Olive Oil and Served on Toasted Ciabatta	17
*Truffle Scrambled Eggs with Beef Chipolatas	18.5
Smashed Avocado with Beetroot Relish and Persian Feta Add a Poached Egg	19.5 .5
Pesto Infused Scrambled Eggs served with Crispy Prosciutto on Toasted Ciabatta	16
*Poached Eggs and Asparagus with House-made Hollandaise and your choice of Cured Salmon or Prosciutto	18.5
Eggs Florentine	16
Eggs Benedict with Bacon	16
Eggs Atlantic	16
Vegetarian or Salmon Omelette	16
Breakfast Burrito with Organic Scrambled Egg, Mushrooms, Asparagus, Tomato and Hollandaise	14

EXTRAS

Condiments and Sauces	1
Extra Free Range Egg 3/6	3/6

**Sautéed Mushrooms, Grilled Tomato,
Asparagus, Hollandaise, Spinach**

4.5 ea

**Prosciutto, Beef Chipolatas, Bacon
Persia Feta, Cured Salmon, Avocado**

5 ea

***Gluten Free Option Available
Multigrain also Available**

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